

MILLER'S GROCERY

Oscar & Evelyn Miller, Owners

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BBQ SHACK
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Friday & Saturday

SPECIALS GOOD FOR 5 DAYS:
January 3, 4, 5, 7 & 8, 1991

STORE HOURS: Monday through Saturday,
7:30 a.m. to 6 p.m.
We Reserve the Right to Limit Quantities

Shop Miller's Meat Market & SAVE!

FAMILY PAK SPECIALS			TURKEY WINGS			CUT UP FRYERS		
PORK BONES	10 LB. BAG	\$4.90	SLICED BACON	10 LB. TRAY	\$15.90	FRYER DRUMSTICKS	LB.	69¢
PIG FEET	10 LB. BAG	\$4.90	FRESH FRYERS	LB.	59¢	FRYER THIGHS	LB.	79¢
PORK STEAKS	10 LB. TRAY	\$15.90	BONELESS CATFISH	LB.	\$1.99	FRYER BREASTS	LB.	\$1.29
DECKER KK HOT LINKS	10 LB. BAG	\$13.90	NUGGETS	LB.	\$1.99	TURKEY DRUMSTICKS	LB.	59¢
FRYER LEG QUARTERS	10 LB. BAG	\$4.90						

1-1/2 Lb. Loaf Rainbo Fresh Bake	8 Oz. Cans Hunts	5 Lb. Bag Red & White
BREAD	TOMATO SAUCE	SUGAR
2 FOR \$1.00	5 FOR 99¢	\$1.89

175 Ct. Box Facial Tissue	4 Roll Pak Northern	10 Ct. Cans Red & White
KLEENEX	TOILET TISSUE	BISCUITS
99¢	89¢	5 FOR 99¢

GROCERY ITEMS...

17 OZ. CAN RED & WHITE
FRUIT COCKTAIL 69¢

16 OZ. CANS GEBHARDT'S
REFRIED BEANS 2 FOR 89¢

14-1/2 OZ. CANS HUNTS SOLID PAK
TOMATOES 2 FOR 99¢

#32 OZ. BOTTLE HUNTS
KETCHUP \$1.29

15-1/2 OZ. CAN HUNTS
MANWICH \$1.19

27-1/2 OZ. JAR HUNTS
SPAGHETTI SAUCE 89¢

48 OZ. BOTTLE VEGETABLE
WESSON OIL \$1.99

6-1/2 OZ. CANS 9 LIVES
CAT FOOD 3 FOR \$1.00

22 OZ. SIZE LIQUID DETERGENT
PALMOLIVE 99¢

50 OZ. BOX PALMOLIVE
DISHWASHER DETERGENT \$2.49

Gallon Oak Farms
FRUIT DRINKS 89¢

5 Lb. Bag Russet
POTATOES 69¢

GIANT BOX
FAB \$1.59

PRODUCE...

LB. BAGS FRESH CALIFORNIA
CARROTS 3 FOR 99¢

CELLO BAG
SPINACH 69¢

BANANAS 3 LBS. 99¢

KIWI FRUIT 5 FOR \$1.00

CELLO
MUSHROOMS 89¢

1/2 Gallon Oak Farms
SKIM MILK 99¢

Totino Frozen
PIZZAS 99¢

LB. QUARTERS RED & WHITE
OLEO 39¢

8 OZ. PKG. RED & WHITE SHREDDED
CHEESE \$1.29

16 OZ. CTN. OAK FARMS
COTTAGE CHEESE \$1.29

FROZEN FOODS DEPT.

10 OZ. CTN. RED & WHITE CHOPPED
BROCCOLI 3 FOR \$1.00

6 OZ. CANS FROSTY ACRES
ORANGE JUICE 2 FOR \$1.00

LB. BAG FROSTY ACRES WHOLE
STRAWBERRIES \$1.29

Garwood/Nada News

By GEORGIA MICHALKA



Nada-Garwood Extension Homemakers hold Christmas luncheon

Pictured above from left to right are, front row, Annie Arnold, Frieda Kubesch, Betty Leopold, Jessica Popp, Kimberly Waligura, Betsy Miller and Victoria Drapela; second row, Annie Rek, Helen Berger, Lucille Till, Irene Skuca and Elvira Schulte; third row, Tillie Janish, Mary Popp, Bea Bittner, La Juan Braden, Lucille Till, Elizabeth Schoellmann and Edna Schimek. Those who attended but are not pictured are R.C. Baumgarten, Sharon Ross, Mary Lou Burdette and Peggy Braden.

Homemakers

The Nada-Garwood Extension Homemakers and their guests met at Bea Bittner's Montgomery House in Columbus for a brief meeting and holiday luncheon of cream of vegetable soup, chicken salad sandwich on whole wheat bread, green salad, peach cobbler, coffee, tea and bread sticks. Members answered roll call with "a Christmas family tradition." (See photo at left.)

The club's officers were presented jingle bell necklaces in thanks for their year's service. Annie Arnold, Victoria Drapela and Elvira Schulte were also presented with bells. Perfect attendance awards went to Betty Leopold and Frieda Kubesch. LaJuan Braden read the famous "Dieting Under Stress, Oreo Cookie Diet." Elizabeth Schoellmann won the door prize. The club's next meeting will be January 15, at St. Mary's Parish Hall.

Grandson
Evan Shooter is Harry and June

Engstrom's grandson. It seems Evan must be a pretty good soccer player because he was chosen to play on the "Gold Select Soccer Team." This is the top team in the Austin area for nine year olds. He was chosen after playing in the state tournament with his recreational team, the Redbirds. Evan is the son of Paul and Harriet Shooter of Austin.

Tragedy
On December 23, a fire totally destroyed the home and belongings of Linda and Michael Gallagher in Sinton, Texas. There are seven members in the family including two sons in the Marine Corps. The Gallaghers were active members in our community for 12 years and just recently moved to Sinton. Donations of non-perishable food items, household items and furniture may be left at the KJT Hall January 2 through 8 from 2:00 p.m. to 6:00 p.m. Donations of cash may be left at the Nada Grocery at F&W Food Store. For more information call Clem

Korenek at 758-3642 or Helen Berger at 758-3518. Your generosity toward this tragedy will be greatly appreciated.

January Birthdays
1: Garrett Marek, Robbi Cerny.
2: Sally Kallins, Carl Wied.
3: Daniel Braden, Jared Korenek.
4: Rev. Edward Schoellmann.
5: Cody Crane, Crystal Joy Schoellmann, Daryl Pieprzyca and Suzie Ramsey.
6: Will Atkins, Clarence Hornet,

Sr., Chris Smidovet.
7: Doris Drlik, Connie Crane, Mrs. Joe Schoellmann, Duane Korenek.
8: Camille Staff, Tony Garcia.

January Anniversaries
1: Mr. & Mrs. Lawrence Labay, Jr.
2: Mr. & Mrs. Matthew Schoellmann.
3: Mr. & Mrs. Walter Schoellmann.
4: Mr. & Mrs. Gene Bures.
5: Mr. & Mrs. Doug Berger.

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Four leaders receive 'Meritorious Service Awards'



Jack Wendt, left, winner of the "Grower Achievement" Meritorious Service Award and a Richmond, Texas grower, visits with Ralph Cowen, a Midland, Louisiana grower and winner of the "Market Development" Meritorious Service Award, during the National Rice Industry Outlook Conference held in Jonesboro, Arkansas recently. Joining Wendt and Cowen is Loy Sneyary, a Bay City, Texas rice grower.

Four leaders received meritorious service awards for contributions to the U.S. rice industry during the National Rice Outlook Conference held recently.

Selected were Ralph Cowen, Midland, Louisiana grower, market development award; Jack Wendt, Richmond, Texas grower, grower achievement; and Gordon Brewster, Richvale, California farm manager, industry progress. The research/education award was made posthumously to J. Norman Efferson, who at the time of his death last year, was chancellor emeritus of the Louisiana State University Agricultural Center in Baton Rouge.

Winners received plaques and \$2,000 checks from Rice Foundation President Tommy Hillman, Carlisle, Arkansas grower, and Craig Keese, vice president of Cedar Chemical Corporation, sponsor of the awards program. The awards are in their second year.

Efferson was cited for having had a major impact on the rice industry and the world through his role as a teacher, research scientist, and administrator of agricultural research and education. Joe Musick, resident director of the LSU Rice Experiment Station in Crowley, accepted the award for Efferson.

Cowen received the market development award for his leadership in building domestic and overseas markets for U.S. rice. His nominators noted he was instrumental in the formation of the Louisiana Rice Council and the USA Rice Council and served as president of each organization and in other leadership positions.

Wendt, a third generation rice grower, was recognized for his innovative planting and harvesting methods. His water conservation ideas, the citation noted, "are the source of millions of gallons saved and recycled." Wendt is also active in the USA Rice Council, having served as president and chairman of several committees. Brewster, farm manager of the Lundberg Family Farms, Richvale, California, received the industry progress award. Cited was his work in promoting improved production practices, developing and gaining approval of state marketing and promotion activities, and encouraging the California industry to participate in the Rice Council.

The Meritorious Service Awards were a highlight of the Outlook Conference which attracted more than 400 rice growers, researchers and other industry representatives. More than

Baker, Kester exchange vows

Tracy Ann Kester of Lansing, Michigan, and Bruce Rollin Baker of East Lansing, Michigan, were united in marriage on December 19 at Christ Episcopal Church, with the Rev. Russell Minter officiating.

The bride was attended by her sister Cheryl Jankovak of Cheboygan, Michigan. The groom's best man was his brother, Bryon Laurence Baker of New York City.

Tracy is the daughter of Mr. and Mrs. Frank McFadden of Cheboygan, Michigan, and of Mr. Ward Kester of Traverse City, Michigan. Bruce is the son of Mr. and Mrs. Rollin Baker of Eagle Lake.

The couple will be at home in Lansing, Michigan, where they are employed in Michigan state government. Both are graduates of Michigan State University.

Betsy and Allen Prescott of Houston are proud to announce the adoption of a son, Baker Waddell (B.W.). He was born on December 10 at 10:00 a.m. and weighed eight pounds and nine ounces.

Baker Prescott is the first grandchild of Mary Elizabeth Waddell and Rollin Harold Baker of Eagle Lake. Baker is also the grandchild of Rachel and Gene Prescott of Lake Jackson and of Rita Kelsey of Rosenberg.

Mr. and Mrs. Adolph Garcia of El Campo announce the birth of their second child, a baby boy, born December 4 at 9:37 a.m. at the Eagle Lake Community Hospital.

The baby was named Gilbert Garcia and weighed 7 pounds, 7 ounces. Attending physician was J.M. Ugarte. The baby is welcomed home by a sister, Julia Isabel, 16 months.

Maternal grandparents are Mr. and Mrs. Leonardo Cardoza of El Campo. Paternal grandparents are Mr. and Mrs. Gilberto Garcia of El Campo. Great Grandparents are Mr. and Mrs. Desiderio Garcia.

The mother is the former Rebecca Carozza.

Needs of blind children

Meeting the needs of children who are blind is one role the Texas Commission for the Blind. For more information, call the Commission's Victoria office at 575-2352 or call toll-free 1-800-525-5204.

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Nitroglycerin Relieves Angina Pain

Nitroglycerin is a blood vessel dilator medicine that is used to prevent and/or reduce the severity of discomfort and pain associated with angina pectoris. Angina is thought to be caused by an insufficient flow of blood through the vessels of the heart. Nitroglycerin relieves chest pain by relaxing the muscles that surround the blood vessels in the heart, thus allowing more blood and oxygen to reach the heart.

Nitroglycerin in its various dosage forms can cause brief or temporary headache, facial and neck flushing, weakness, and dizziness. One may need to sit down for a few minutes after taking nitroglycerin.

Sublingual Tablets: Small nitroglycerin tablets that are to be placed under the tongue are called sublingual tablets. They should not be swallowed. As the sublingual tablet dissolves, the medicine is absorbed into blood vessels inside the mouth. Pain may be relieved in 2 to 3 minutes.

Oral Tablets and Capsules: Long-acting oral capsules or tablets may prevent angina pain for 8 to 12 hours.

Topical Dosage Forms: Nitroglycerin also may be absorbed through the skin from an ointment or a skin patch.

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